

### St. Edward Stories St. Edward Public Schools

#### From the Superintendent's Desk

**BEAVER NATION NEWS** 

**Printed by** The St. Edward Beaver Crew

Mr. Osborn	1
Loup Photo Contest	2
Recognition	3
Fitness Center	4
It Adds Up	5
Music NEWS	6-9
BB Calendars	10-11
Coloring	12-13
Mental Health	14-15
Senior Spotlight	16-17
FFA NEWS	18
Jan Calendar	19

Happy New Year, and I hope your 2024 is off to an amazing start! The first semester is in the books, and we are underway with part two of the 2023-2024 school year. I hope your Holidays were a success and you found quality and quantity time to relax and enjoy friends and family. Our staff will be busy on January 3rd with some professional development activities as well as preparing for the return of the students from the long break.

Mother Nature has been good to us so far, and we have not had to adjust any school days due to inclement weather. However, when we experience inclement weather severe enough to cause a late start or a school closure, we will make the announcement, first and foremost, through the district's JMC Messenger Notification System. We will also utilize local news media. Inclement weather information is currently broadcast regularly by the following radio and television stations. 1. Radio: KLIR – FM 101.1; AM 900; FM 110.3; FM 93.5; AM 1510 (Columbus) 2. Television: KOLN -KGIN, channel 10 (Lincoln). Stay tuned to these information sources for winter weather information.

Our winter NSAA activities are well underway as well with competition in full swing. The boys' and girls' basketball teams have played several games. I would like to take this opportunity to share some thoughts on sportsmanship. Good sportsmanship by all involved in our activities and positive support of the coaches, players, and officials is an expectation. I would like to share with you the following statement which is announced at each home contest hosted by St. Edward Public Schools as well as every other school in the state. "St. Edward High School and the Nebraska School Activities Association promote good sportsmanship by students, athletes, coaches, and spectators. We request your cooperation by supporting the participants and officials in a positive manner. Profanity, ethnic, sexist, or other intimidating comments or actions directed at officials, students, athletes, coaches, or team representatives will not be tolerated and are grounds for removal from the facility." Thank you in advance for cooperating and doing your part as a spectator in maintaining a positive and respectful environment for everyone to enjoy activities our students are involved in.

Thank you for your time, and make January a great month and a wonderful start to 2024!

#### **LOWER LOUP NRD'S 2024**

#### PHOTO CONTEST







#### SHOW US YOUR BEST SHOTS!

Do you have a knack for capturing incredible images? If so, the directors and staff of the Lower Loup Natural Resources District encourage you to enter your best shots in the 2024 Lower Loup NRD Photo Contest.

Send high-res camera or phone photos to **abartels@llnrd.org** by midnight May 15, 2024. Photographers retain ownership of their images. By submitting, entrants grant the Lower Loup NRD potential use of their images in social media, website content, other digital use, and in printed materials. Winners will be announced in June 2024. Photos can include nature, wildlife, agriculture, recreation, people, conservation activities, and more. **Images taken at the LLNRD's Pibel Lake and Davis Creek recreation areas, and the LLNRD Arboretum in Ord, are of special interest.** Enter today, and learn more at <a href="https://www.LLNRD.org">www.LLNRD.org</a>.

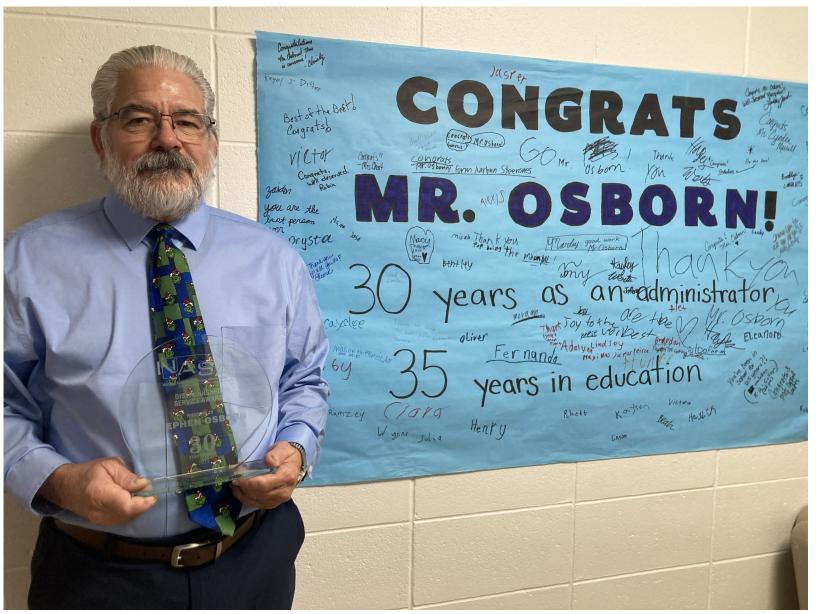




PRIZES WILL BE AWARDED FOR 1<sup>ST</sup>, 2<sup>ND</sup>, AND 3<sup>RD</sup> PLACES.

SAFE SHOOTING & GOOD LUCK!





Mr. Osborn was recognized at the Nebraska Council of School Administrators for 30 years as an administrator and 35 years in education. Thank you Mr. Osborn for all you do for our staff, students and community in St. Edward!

Christmas Through the Decades: Best Christmas Traditions From 1900 to Today!

1900: Advent Calendars, 1920: Jazzy Christmas, 1930: Cookies & Milk, 1940: Artificial Trees, 1950: Cookie Swaps, 1960: The Nutcracker, 1970: Sears

Christmas Catalog, 1980: Ugly Sweaters,

1990: Wonderful Life, 2000: Elf on the Shelf,

2010: Grand and Gold

### ST.EDWARD GYM MEMBERSHIP

PLEASE PAY YOUR 2024 \$100 GYM MEMBERSHIP BY JANUARY 22, 2024! FAILURE TO RENEW YOUR MEMBERSHIP WILL RESULT IN A DEACTIVATED KEY FOB! ONCE YOUR KEY IS DEACTIVATED, A CHARGE OF \$10 WILL BE MADE TO RECEIVE A NEW KEY FOB. IF YOU ARE NO LONGER USING YOUR KEY FOB, PLEASE TURN IT INTO THE OFFICE! THANK YOU!

\*\*PAYMENT MAY BE BROUGHT TO THE OFFICE DURING SCHOOL HOURS\*\*

\*\*LOSS OF MEMBERSHIP MAY OCCUR IF STUDENTS OR CHILDREN UNDER THE AGE OF 18 IS CAUGHT USING THE FACILITIES!!!\*\*



PLEASE REMEMBER YOU \*MUST\* BE 18 YEARS OLD TO BE
UNATTENDED IN THE FITNESS CENTER OR GYM !!! NO HIGH
SCHOOL STUDENT IS ALLOWED TO BE IN THE FITNESS
CENTER/GYM UNATTENDED. IF YOU ARE IN HIGH SCHOOL AND 18,
YOU ARE STILL REQUIRED TO BE UNDER PARENTAL SUPERVISION

# ATTENDANCE MATTERS

MISSING A DAY HERE AD THERE MAY NOT SEEM LIKE MUCH, BUT ABSENCES ADD UP!!

When a student misses



— 1.25— Hours



ONE DAY

ONE WEEK

ONE MONTH

ONE YEAR



2.5 Hours





ONE DAY

ONE WEEK

ONE MONTH

ONE YEAR

every

Tardy

every

**EVER**4

Early Leave Early Leave

Every Minute counts toward reading on grade level

It adds up!

### Sweet Treats

#### **An All-Star Collection of Gourmet Chocolates**



#### **Pecan Caramel Clusters**

-5102 - 5 oz. box \$12

-2102 - Double box - \$18

Roasted pecans are covered in caramel then covered with creamy milk chocolate.

#### Dark Chocolate Caramels with Sea Salt

-5125 - 6 oz. box \$12

-5225 - Double box- \$18

A flavor sensation with chewy caramel surrounded by rich, dark chocolate and sprinkled lightly with sea salt.

#### Cookies & Cream Cups

-5119 6 oz. box - \$12

A harmonious blend of crunchy, chocolate cookie crumbles and sweet white confection.

#### Caramel Apples

-5220 - 7 oz. box- \$12

Sculpted milk chocolate apples give way to a soft, apple flavored caramel center.

#### Cashew Caramel Clusters

-5174 - 5 oz. box - \$12

-2174 - Double box-\$18

Roasted cashews are covered in caramel then covered with creamy milk chocolate.

#### **Peanut Butter Bears**

-5350 - 6 oz. box - \$12

-2350 - Double box - \$18

Adorablemilk chocolate bears are bursting with smooth peanut butter cream.

#### **Mint Penguins**

-5108 - 6 oz. box - \$12

Sculpted dark chocolate Penguins with white bellies are bursting with frosty mint.

#### **English Butter Toffee**

-5117 - 6 oz. box - \$12

Handcrafted crunchy toffee is mixed with almond pieces and covered in creamy milk chocolate.

# Favorites





#### 0007 - \$12

#### **Hot Cajun Crunch**

Combinación cajuna, Picante y calente de Crujido Hot cajun corn sticks, cajun peanuts, pretzels and sesame sticks. 7 oz. (Pull Top Can). Made in USA.



#### 0004 - \$12

#### **Honey Roasted Peanuts**

Cubrió cacahuates en la miel

Honey and sugar sweeten these freshly roasted peanuts. 9 oz. PTC (Pull Top Can). Made in USA.

#### 0008 - \$14

#### **Honey BBQ Mix**

Variedad de BBQ con Miel

A savory BBQ mix with BBQ peanuts and corn sticks; pepitas; and honey roasted peanuts, cashews, almonds and sesame sticks. 8 oz. (Pull Top Can). Made in USA.





#### **Peanut Butter Pretzel Ball Mix**

A mix for the peanut butter lover with milk chocolate peanut butter cups, candy coated peanut butter can- dies, peanuts and pretzel balls. • 8 oz. (Pull Top Can). Made in USA.



#### 0005 - \$12 Cranberry Nut Mix

Los arándanos mezclaron con varias tuercas

Cranberries, raisins, peanuts, cashew halves, banana chips, almonds and walnuts. 7 oz. (Pull Top Can). Made in USA.

# THE MATTRESS FUNDRAISER





SAT. MAY 18, 2024 10AM - 4PM @ ST. EDWARD COMMUNITY CENTER

- All sizes available, including custom
- 25+ mattresses on display, all comfort levels
- ✓ Brand New with 1 to 20 year warranties
- ✓ Delivery and Shipping Available
- ✓ Cash, Check, Credit Card Accepted
- √ Financing Available

\*FOR EARLY INQUIRIES ON FINANCING, PLEASE CALL/EMAIL CFS OMAHA\* 712-249-5551 OR CFSOMAHA@CFSBEDS.COM



Adjustable Bases



Sets



CordaRoy's Bean Bags



Massage Products



Mattress Protectors



Luxury

Scan For:



FREE THRESHOLD DELIVERY WITH PURCHASE OF ANY MATTRESS (SET UP DELIVERY AVAILABLE AT ADDITIONAL COST)



Scan For:

Digital Flyer to Save and Share

#### Congratulations to...

Kalvin Sindelar - Alto Sax Underclassmen Honor Wind Ensemble

Arlette Ireno-Gallardo- Clarinet Underclassmen Honor Symphonic Band

> January 15, 2024 At Kearney High School Concert Hall & Theater

Concert Time TBA

#### Congratulations!!!

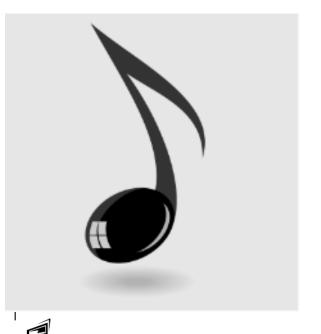
2025 Chicago Music Trip Fundraiser January 9-22, 2024

Sweets & Nuts Jerel Matchett UNK Honor Choir Tenor

Lydia Ketelsen UNK Festival Chaîr Soprano

Alli Brauner UNK Treble Choir Alto II

Monday, January 29th Concert TBA



Boone Central Choral Clinic Monday, January 8th Choir leaves at 9:30 a.m. Concert at 5:30 p.m. (Students bring dress clothes for Concert)

Carter Anson, Alli Brauner, Madison Camp, Lydia Ketelsen, KayLyn Cruise, Jerel Matchett, Anthony Reader, Jacob Reeves & Kendra Werner

# Congratulations!!! Kalvin and Arlette

Underclassmen Honor Bands
Kalvin - Wind Ensemble
Alto Sax
Arlette - Symphonic Band
Clarinet
Kearney High School
JANUARY 15, 2024









# St. Edward Boys Basketball

January 2024

All times are subject to change

	9	55	0	30	8	TBD	27			I I I I	 	
Sofundov	@ High Plains 6	Varsity @ 7:45 Bus leaves @ 4:15	GRC Tournament13	Opponent TBD Time TBD	GRC Finals 20	<b>8</b> L						
Fridov	vs Santee 5	Varsity7:00 Be @ Schoolby 4:30	School Gym12	Practice 3:45-6:00 PM	GRC Tournament19	Or Practice in Com. Building 3:45-6:00 PM	School Gym 26	Practice 3:45-6:00 PM				
Thursday	Community Building 4	Practice 3:45-6:00 PM	@ Heartland Luth 11	Varsity 7:45 Bus leaves @ 3:45 PM	Community Building 18	Practice 3:45-6:00 PM	School Gym 25	Practice 3:45-6:00 PM				
Wednesdov	School Gym 3	Practice TBD	School Gym 10	Practice 3:45-6:00 PM	Community Building 17	Practice 3:45-6:00 PM	School Gym 24	Practice 3:45-6:00 PM	Community Building31	Practice 3:45-6:00 PM		
Tuesdov	School Gym 2	Practice 10:00 AM-Noon	School Gym 9	Practice 3:45-6:00 PM	GRC Tournament16	Or Practice in Com. Building 3:45-6:00 PM	@ Humphrey SF 23	Varsity @ 7:45 Bus Leaves @ 4:00	vs Riverside 30	Varsity @ 7.45 Be @ schoolby 4:45		
Monday	School Gym 1	No Practice New Year's Day	School Gym 8	Practice 3:45-6:00 PM	Community Bulding 15	Practice 3:45-6:00 PM	School Gym 22	Practice 3:45-6:00 PM	Community Building 29	Practice 3:45-6:00 PM		
Sunday			7		14		21		28			

# DATES

**TO REMEMBER** 

January 2nd & 3rd
NO SCHOOL – Practice time setfor 10
AM to Noon right now, can change if necessary.

January 13, 16, 19, 20

GRC Tournament dates. Note if we do not play games on those dates we will have a regularly scheduled practice instead.

# January 2024

	10		N)			
Saturday	vs Santee © High Plains Varsity 5:30 Varsity 6:00 Report to school Bus Leave @ 4:15	GRC Tourn. Opp. TBD Time TBD	GRC Tourn. Finals TBD		emember January 13, 15, 19, 20	GRC Tournament Dates. Note that if we do not play games, we will have regularly scheduled practice instead.
Friday	vs Santee Varsity 5:30 Report to school 4:00	Community Bldg. Practice 3:45-6:00pm	School Gym Practice 3:45-6:00pm	Community Bldg. Practice 3:45-6:00pm	to R	
Thursday	School Gym Practice 3:45-6:00pm	© Hrt. Lutheran Varsity 6:00 Bus Leave @ 3:45	GRC Tourn. or Practice in School Gym TBD	© CWC Varsity 6:00 Bus Leave @ 4:00	Dates	NO SCHOOL - Practice time set for 8:00-10:00AM on 2nd. TBD on 3rd. Can change if needed.
Wednesday	School Gym Practice TBD	Bldg. Community Bldg. Practice om 3:45-5:30pm	School Gym Practice 3:45-5:30pm	Community Bldg. Practice 3:45-5:30pm	School Gym Practice 3:45-5:30pm	
Tuesday	School Gym Practice 8:00-10:00am <b>MEYER GONE</b>		School Gym Practice 3:45-6:00pm	@ St. Francis Varsity 6:00 Bus Leave @ 4:00	vs. Riverside Varsity 6:00 Report to school 4:30	
Monday	NO PRACTICE NEW YEARS DAY MEYER GONE	Community Bldg. Community Practice 3:45-6:00pm 3:45-6:00	GRC Tourn. or Practice in School Gym TBD	Community Bldg. Practice 3:45-6:00pm	School Gym Practice 3:45-6:00pm	
Sunday	DECEMBER 31 MEYER GONE	7	14	21	28	

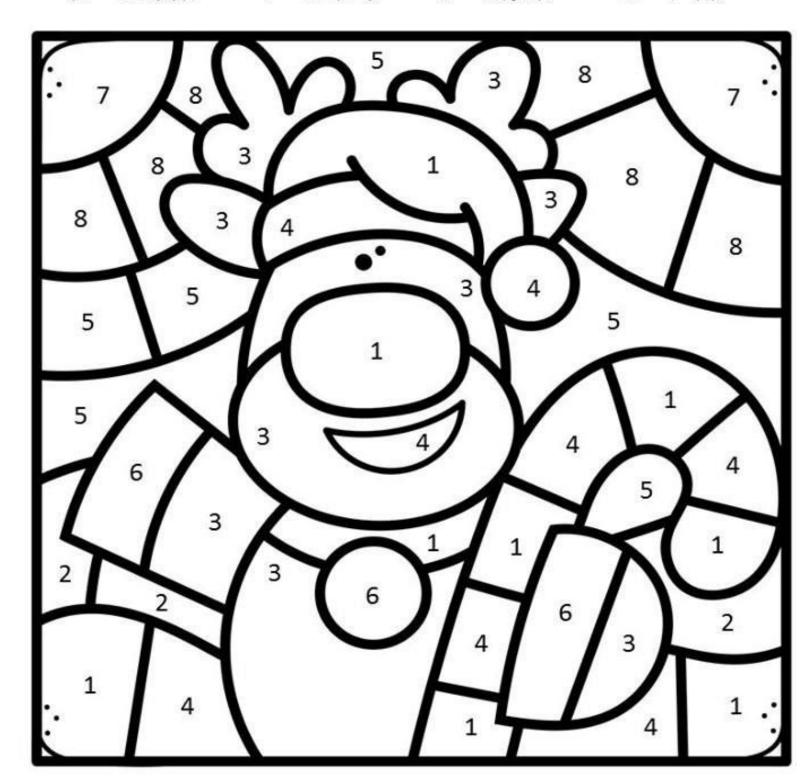
#### CHRISTMAS COLOR BY NUMBER

Directions: Color the picture according to the code.

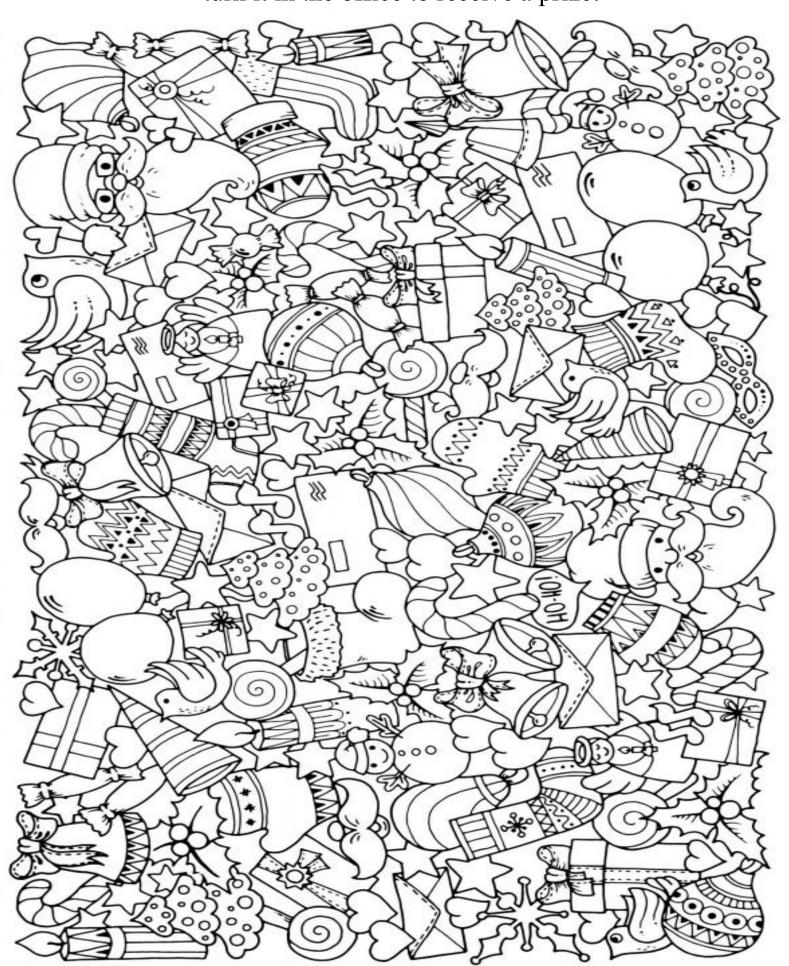
I-Red

3 - Brown 5 - Blue 7 - Yellow

2 - Green 4 - White 6 - Black 8 - Pink



<sup>13</sup> Complete either picture, color by number or search and color, and turn it in the office to receive a prize!



#### SEASONAL AFFECTIVE DISORDER

SEASONAL AFFECTIVE
DISORDER (SAD) IS A FORM
OF DEPRESSION IN WHICH
PEOPLE EXPERIENCE
DEPRESSIVE EPISODES
DURING SPECIFIC TIMES OF
THE YEAR, TYPICALLY
BEGINNING IN LATE FALL OR
EARLY WINTER

SAD IS ESTIMATED
TO AFFECT 10
MILLION
AMERICANS.
ANOTHER 10 TO
20% MAY HAVE
MILD SAD



SAD IS 4X MORE COMMON IN WOMEN THAN MEN.

THE AGE
OF ONSET
OF SAD IS
TYPICALLY
BETWEEN
18 TO 30

Graphic by Morgan Mcpeek/ Source: psychologytoday.com

#### What are 988, 911, & 211?

Suicide and mental health crisis care988 New number for National SuicidePrevention Lifeline

911 Dispatching emergency medical services, fire and police

211 Suicide & mental health crisis care with emphasis on local community resources and care coordination

211 Big Bend is a 988 Suicide & Crisis Lifeline Center.



#### connection

prevents suicide





SIX TIPS TO COMBAT THE

#### "WINTER BLUES"







Eat healthy!



Stay social



Use lights to mimic sunshine



Have fun!



Open up about your feelings



Stay Connected



Stay Active



Reach Out for Help



Embrace Winter



Focus on gratitude



Collaborate with Kids on Plans

Ready to take on



Expert Advice for Child & Youth Mental Health



Keep Healthy Habits and Routines



#### Winter Safety Tips



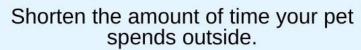
Choose pet-safe products to melt snow and ice.



Clean your pet's feet and belly after walks to remove salt and chemicals.



Consider applying a specialized balm or ointment to your pet's paw pads to help protect them from the cold and ice.







Check your vehicle. Critters, especially cats, will try to hide in wheel wells or any confined space to get away from the cold.



Stock up on new toys and indoor activities to keep your pet active while staying inside.

Bring your pets inside and make sure they have a warm place to sleep.

REMEMBER: If it's too cold for you, it's too cold for them.



A nickname? Brendad friends only



What is a memory of a favorite birthday? Bowling with my cousin and friend

4. Who are your parents and siblings? Cody/Mark/Shauna. Caden, Zaiden, Raylyn, Avalyn, Navaeh, and Tucker

What is a favorite sibling activity or something you admire about them?

Riding dirt bikes or fishing

When I was young, I used to imagine myself as...
A welder

What is an accomplishment you are proud of?

I bought a truck

What extracurricular activities have you been involved in? (list # of years)

Which one(s) do you enjoy the most...why?

Cross country 7th and 8th grade, and one act because I like lifting heavy objects and helping people out.

What are your plans after high school? Education/career Go to Hastings CCC and become a welder

Where do you see yourself in ten years?
Hopefully a house I'm comfortable in and making bank, but life doesn't always go your way.

What qualities do you possess that will get you there?

Determination

What is a favorite childhood memory? Camping

What is a favorite high school Memory? Friends

### Lay Lyn Liuse

What is your nickname? Lynnie

What is a memory of a favorite birthday? When I get a pie.

Who are your parents and siblings?
Julie Kruse Kris Kruse
Nathan, Jennifer, Emilie, Kendall

What is a favorite family activity or something you admire about them?
When we go to lowa and see family.

What is a favorite sibling activity or something you admire about them?

Movies nights.

When I was young. I used to imagine myself as...
A human but Anime

What is a favorite childhood memory? When I would go help my uncle at work.

What is a favorite junior high memory? Leaving Junior high!

What class have you enjoyed the most as SEHS?
Why?
Art. because of Miss Denner.

Whom do you admire and why? My sisters. I always be learning something new with them

What is your most valued possession? (Explain.) My phone and family

If you had the opportunity to travel anywhere, where would you go? Why? Italy and Iceland-they are both pretty places

If you could have one wish, what would it be? Have everything I want and need

What are your pet peeves? Your bad habits? Talking to too many people at once.

What are three things you must do in your lifetime?
Have fun, live life to the fullest, laugh

## FFA NEWS

#### **December Activities**

#### District LDEs on December 13

On Wednesday, December 13, FFA members traveled to Aurora to compete in District LDEs. Results were as follows:

Ag Demonstration - 5th Place, Purple - Ryan Cumming, Josie Sock, Lydia Ketelsen Conduct of Chapter Meetings - 6th Place, Blue -Korina Bittner, Arlette Irineo, Kalvin Sindelar, Abner Carvajal, Katelyn Werts, Lexi Strain, and Noah Ketelsen

Sr. Public Speaking - Rebekah Ketelsen - Blue Employment Skills - Lydia Ketelsen - Blue Creed Speaking - Arlette Irineo - Blue









#### FFA Christmas Party

FFA members gathered together to celebrate Christmas with the annual FFA Christmas Party. Members enjoyed Subway sandwiches while they watched the Husker Volleyball match against Pitt. They also participated in a White Elephant gift exchange! Members also spent time together playing games and hanging out before the end of the first semester.

SAT	and the same of th	<u>6:00pm:</u> Var G/B BB @ High Plains	13			20 HS Speech @ Boone Central	27	WSC Honor Bands HS Speech @ Osceola JH G/B BBB @ Riverside Tournament 9:00AM	100	200
FRI	ιΩ	5:30pm: Var G/B BB vs Santee	12			φ 	26	11	2	00
THU	7	School Resumes Regular Schedule	<del>-</del>	G/B BB @ Heartland Lutheran-6:00		8	25	HS GBB @ CWC (Bartlett)-6:00	-	
WED	2	No School Teacher Work Day	10	FFA Chapter Meeting-3:45 JH G/B BB vs. Humphrey St. Francis (@Newman Grove)-2:30		17 JH BBB @ Palmer-3:00	24	FCCLA District 6 STAR Events at Madison Public School	31	Boone County Spelling Bee
TUE	2		6			16 JH G/B BB @ High Plains-1:00	23	HS G/B BB @ Humphrey St. Francis-6:00	30	HS G/B BB vs. Riverside @6:00
NOM	•		8	JH G/B BB vs. Central Valley (@ St. Edward)-1:00	Boone Central Choral Clinic	15 Underclassmen Honor Band - Kearney	22	JH G/B BB @ Nebraska Christian-1:30	29	UNK Honor Band & Choir -5:45AM
SUN	31		7			47	21	K X	28	
	7	V			N			7		2024

#### St. Edward Public Schools

P.O. Box C St. Edward, NE 68660-0138

Phone: 402-678-2282 Fax: 402-678-2284

Web Page:

http://www.stedpublicschool.org St. Edward Beavers Public School on Facebook

#### **Upcoming Events:**

Jan 4th- School Resumes Feb 8th— 1:30 Dismissal Feb 9th-No School March 6th-1:30 Dismissal March 7th and 8th— NO SCHOOL



St. Edward Public Schools
P.O. Box C
St. Edward, NE 68660-0138

PRSRT-STD U.S. Postage Paid St. Edward, NE 68660-0138 Permit #17

#### **POSTAL PATRON**

